

Christie's Corner

As I work closely with bereaved families and in my past as a Hospice Chaplain, I have read many books on coping with the intense feelings of grief. One article that struck me as most helpful was a compilation of regrets expressed by patients of a Hospice nurse. I'm sorry I don't have a name to give credit where it is due but I do have the list.

We don't want to live a life of regrets so that is not why I share this. It was intended to inspire people to live life to its fullest; to shape our attitude about how we live life NOW.

Regrets at death – gathered by a Hospice Nurse

1. Live a life true to self
2. I wish I hadn't worked so much
3. I wish I had the courage to express feelings
4. I wish I'd stayed in touch with friends
5. I wish I'd let myself be happier – it's a choice to have more fun

Maybe you have a list, perhaps not labeled as regrets, but as goals or ideals to strive towards.

Each year, I set personal and professional goals. My personal goals I've learned through the years are simple and attainable: listing 1000 things I'm thankful for (not repeating any), reading the Bible through cover to cover, remembering and celebrating our family's Baptismal birthdays. My professional goals also are to inspire me to do my best; are measurable and attainable. I'll share with you my current goals as they pertain to you in our mutual ministry.

Christie's 2019 Goals

1. to further the mission to the glory of God
2. thank God each day – be the optimistic realist
3. facilitate open communication, be proactive and transparent
4. keep negativity in check
5. listen and respond to the congregation
6. safeguard health and wellness
7. review job description Look at workload, prioritize, delegate and network more
8. foster unity
9. celebrate success – lift up positives

May God the Father continue to create in you a new being, may the Holy Spirit guide your paths and my Jesus, the Savior, teach you to love and serve others.

Peace, Christie

Milestone Minute

Thank you to our kindergartner kids and parents for a great Milestone in January. They made prayer placements and prayer blocks. They learned that they can pray anywhere, for anything and at anytime. They learned that prayer is talking to God.

Yes, prayer is talking with God. When the disciples asked Jesus how they were supposed to pray, Jesus taught them a certain prayer. We call that prayer the Lord's Prayer. February will teach 1st graders the prayer and why we pray it.



Chili Bingo

Come join us for Chili Bingo in the fellowship hall on Sunday, February 24th from 4-6:00. Come support our junior high kids as they earn money towards their account for camp this summer.

There will be bowls of chili and hotdogs for just \$1 each. We will get our bellies full then start playing bingo, where for just 25 cents per card per game, you can try your luck at bingo. There will be prizes for winning.

Come join us for an afternoon of food and fun! If you have any questions, please contact Kristi McKinney or another member of the Youth and Family board.



It is time to register for
Confirmation
Camp
(add cheering and applause)

How do I register?

1) Choose a camp to attend

Klein—June 9-14

Nesodak—August 4-9 (music camp also available this week)

Shetek—brochures available

(if these dates do not work out, choose another camp, no problem)

Joy Ranch—(there are no youth camps this year at Joy)

2) For all camps, self register at <http://www.losd.org> and click on the camp location, then click "register". It will walk you through the process.

3) questions? call or text Christie @ 521-5459 or Tom @ 440-2784

4) Register Before February 15 - largest discount

Register Between February 16-April 15 -- second discount

After April 16 - Pay regular rate

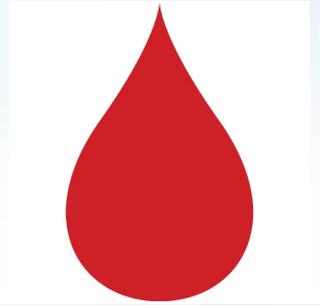
5) Use your family Trinity account dollars. Call the church office and talk to Melody.

5) After you have registered, fill out a Trinity \$100 campership form.

We are so excited that you are going to camp!!

Blood Mobile

The Blood Mobile will visit Trinity on Sunday, February 17th from 8am to noon. Donors must be at least 17 years old, weigh at least 110 pounds and be in good health. Please sign up at the Welcome Center!



Trinity Lutheran Church
PO Box 37
Tea, SD 57064
Return Service Requested



Trinity Lutheran Preschool now enrolling for Fall 2019!



3 YEAR OLD PRESCHOOL

\$115 per month
Tuesday & Thursday
8:30am - 11:30am



4 YEAR OLD PRESCHOOL

\$140 per month
Monday, Wednesday & Friday
8:30am - 11:30am

Trinity Lutheran Preschool is a Christ-centered, play based learning program. Our themed lessons and virtue focus will enrich the whole child by incorporating all learning styles and senses. Learning outcomes will enhance a child's spiritual, social-emotional, physical and intellectual development.

Open House and Registration February 17th 8am - 1pm

Areas of learning:

- faith strengthening
- virtue development
- pre-reading skills growth
- kindergarten readiness focus
- sensory exploration
- fine motor enrichment
- music, art & technology

Here are some ways YOU can help!

- Like our Facebook page! www.Facebook.com/TeaTrinityPreschool
- Spread the word of our open enrollment to your family and friends.
- Donate your time or talents! Contact Megan Lanphere to see how you can help.

Have questions? Contact Megan Lanphere at Preschool@TeaTrinity.org