

CHRISTIE'S CORNER

Dear beloved children of God,

As I write this, it is the first day of Spring. I hear a deep sigh, words of “finally” and “hallelujah!”. I feel the same way. After a long winter, a lot of snow and ice, getting snowed in, then a lot of water, I feel like there is a hint of new life outside.

Isn't there something amazing about a hibernating creation springing forth in color? In the Spring, on my way to work each day, I watch for calves, lambs, ducklings and goslings. Cutest overload! It puts a smile on my face and I thank God for his ingenious creation. *So if anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new!* [2 Corinthians 5:17](#)

God continues to create. That includes us, too. God is continually making us new. Sin greets us each day like a reflection in a mirror. Each day, we turn away from God and all he has to offer us. Each day God blesses us and we catch some of them but don't perceive most of them. Each day God gives us a mulligan. This is all made possible because of the transformative power of the resurrection through Jesus Christ.

What is God creating in you today? Is he cultivating a heart of love? Is he presenting you with service opportunities? Is he tugging at you to call that friend? The Holy Spirit guides us and gives us wisdom as we journey through life. Each day presents an opportunity to grow in faith.

Look at your surroundings with a new lens. Look for signs of new creation. Look for budding plants bursting through the dirt. Look for baby animals. As you start being intentional about looking for God's creating works, a change will begin in you. Look for opportunities to seek forgiveness. Look for opportunities to grant mercy. Look for ways to bring about peace in your corner of the world. The old has passed away – see everything has become new.

Enjoy the warmth and color of spring as everything comes alive and may you also, come alive in Jesus.

Peace,
Christie

Blood Pressure Screening

In 2017, the American Heart Association updated the blood pressure guidelines. These guidelines are not updated at regular intervals and are changed when sufficient new evidence suggests the old ones weren't accurate or relevant anymore.

The Wellness Committee wants to help you understand these guidelines by offering monthly blood pressure clinics for you!

Who: Everyone!

When: First Sunday of every month

Where: Wellness Office (former 1st grade Sunday school room by the east doors of the church)

Time: 9:15am-10:15am (between services)

We hope to see you there!

BLOOD PRESSURE CATEGORY	SYSTOLIC mm Hg (upper number)		DIASTOLIC mm Hg (lower number)
NORMAL	LESS THAN 120	and	LESS THAN 80
ELEVATED	120 – 129	and	LESS THAN 80
HIGH BLOOD PRESSURE (HYPERTENSION) STAGE 1	130 – 139	or	80 – 89
HIGH BLOOD PRESSURE (HYPERTENSION) STAGE 2	140 OR HIGHER	or	90 OR HIGHER
HYPERTENSIVE CRISIS (consult your doctor immediately)	HIGHER THAN 180	and/or	HIGHER THAN 120

Better Choices Better Health Chronic Disease Self-Management Workshop

Dates : April 15, 2019 - May 20, 2019 Time: 6:00 pm - 8:30 pm

Location: Bethlehem Room, Trinity Cost: Free

The wellness committee at Trinity is pleased to offer the **free** program Better Choices Better Health: Chronic Disease Self-Management Workshop for the members in our congregation and community who have a chronic disease condition. Caregivers of people with chronic conditions are also welcome to attend. The conditions the program can help you manage include but are not limited to: diabetes, asthma, multiple sclerosis, heart disease, depression, weight concerns, breathing problems and high blood pressure. The workshops are led by trained leaders who provide education and information regarding living with your chronic condition and ways to maintain a healthy lifestyle. The benefits of the program include: better symptom management, better communication with physicians, better general health and identification of support systems and new resources. More information about this program can be found at: <http://goodandhealthysd.org/communities/betterchoicesbetterhealth/>.

Registration for the workshop can be completed on line at:

<http://goodandhealthysd.org/communities/betterchoicesbetterhealth/register/>

or by calling 888-484-3800. Please contact Charis Poppens @ 605-321-0858 if you have any questions.

Trinity's Monthly Financial Update

Anticipated General Fund Offering for Feb., 2019:	\$58,784
Actual Offering General Fund Offering received for Feb. 2019	<u>\$56,354</u>
	-\$2,430
Anticipated Building Fund Offering for Feb. 2019	\$14,362
Actual Offering Building Fund Offering received for Feb. 2019	<u>\$11,431</u>
	- \$2,931

Palm Sunday and Holy Week

Holy Week begins after Palm Sunday and continues to Easter Sunday.

April 14– Palm Sunday

Palm Sunday, the last Sunday in Lent, marks the day Jesus triumphantly entered Jerusalem with a parade-like atmosphere, palms waving, people shouting, “Hosanna!” Jesus was welcomed as a king. We will also celebrate with palms and the Sunday School choirs singing. We honor Jesus as our Lord and look forward to the day he will triumphantly return to earth as ruler of all.

April 18– Maundy Thursday – 6:30 pm

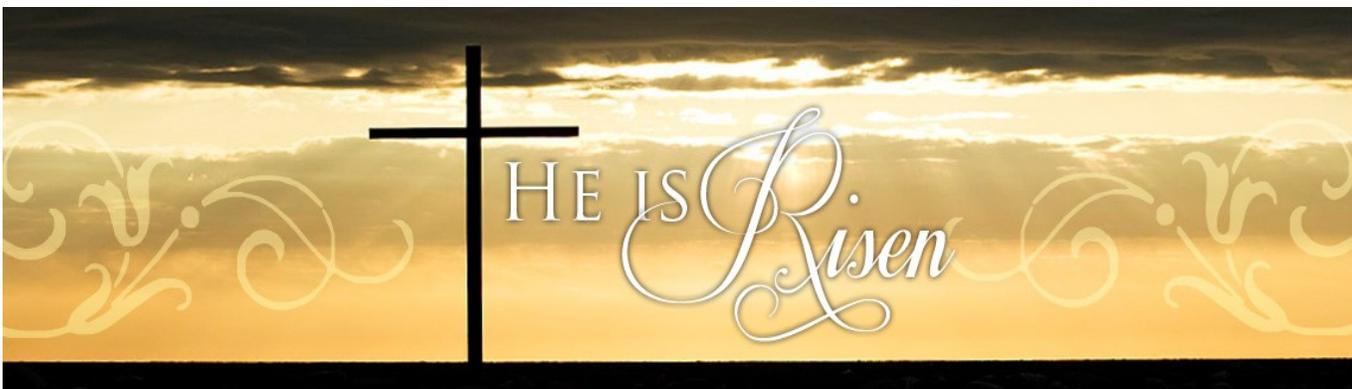
“Maundy” (Latin) means new commandment. We remember Jesus’ last Passover meal with his disciples when Jesus instituted Holy Communion. “Do this in remembrance of me.” Jesus washed his disciples’ feet and commanded them to love one another. We are also commanded to share the holy meal of communion and to love each other. Our 5th graders, who celebrated First Communion in October, will help with the stripping of the altar, symbolic of stripping Jesus of his earthly power.

April 19 – Good Friday– 6:30 pm

Some have asked, “why do we call it *good* if it is the day we remember Jesus’ suffering and crucifixion?” As horrific as his death was, it was necessary to fulfill scripture and to show us that his death was not the end but instead a beginning of a new life for all who believe. The sanctuary is stark except for the black coverings. It is a somber service as we remember what Jesus endured for us.

April 21– Easter - 6:30 am, 8:00 am, 10:30 am

Easter is an explosion of joy and new life! Christ has risen, He has risen indeed. This is a day to celebrate our risen Lord. Death is defeated and Christ is alive! Easter is a day and a season. The season of Easter lasts for 50 days and includes 7 Sundays. Easter is the oldest and most important festival of the church. Our High Schoolers lead the Sunrise Service at 6:30 am. They also help lead the other 2 services. The sanctuary is alive with plants and flowers. Come celebrate that one day we will live with God forever!



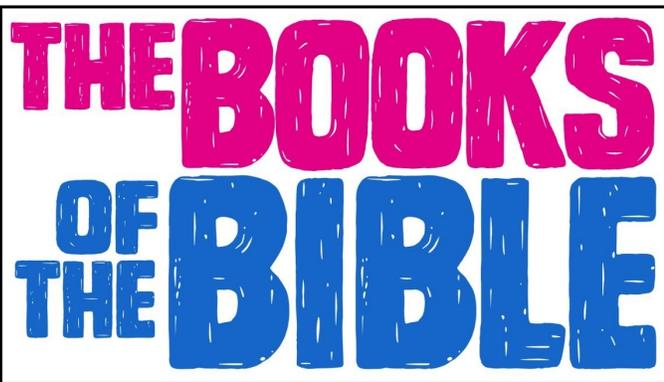
Sr. Citizens Card Club

Come for a fun afternoon on Tuesdays from 1-4pm at the Tea Community Center. We play cards, have goodies and enjoy good fellowship!



Milestone Moment

Thank you to our wonderful **6th graders** and their parents for attending classes to learn the books of the Bible. We learned the Old Testament through a song. The kids did well with all those unfamiliar names. We learned the New Testament through a visual story. They nailed it as well. As a take away gift, they received Bible tabs to help them see at a glance where the chapters are located. Thank you to Youth and Family Board for the gift.



Coming up, the **2nd graders** will be learning the 10 commandments. They will make cement stepping stones as a reminder that the 10 commandments are a stepping stone to faith. Their classes are April 7 and April 14. We will celebrate with them on Sunday, April 21.

The **7th graders** will have their class on Wednesday, April 24 at 7:15. (this will take the place of confirmation for the 7th graders) We will enjoy a snack then have our class on, "Honoring My Body". We will celebrate with them in worship on Sunday, April 28.

In May, our **11th graders** will meet on Saturday, May 4 with the celebration May 5. And our **12th graders** will celebrate on May 12 during worship.

Kids of all ages are important to us and we want to help parents with their Baptismal promises as kids grow in years and grow in faith.



Trinity Lutheran Preschool REGISTRATION OPEN! Now Enrolling for Fall 2019!

3 YEAR OLD PRESCHOOL

\$15 per month
Tuesday & Thursday
8:30am-11:30am

4 & 5 YEAR OLD PRESCHOOL

\$40 per month
Monday, Wednesday & Friday
8:30am-11:30am

Trinity Lutheran Preschool is a Christ-centered, play based learning program. Our themed lessons and virtue focus will enrich the whole child by incorporating all learning styles and senses. Learning outcomes will enhance a child's spiritual, social-emotional, physical and intellectual development.



Areas of learning:

- faith strengthening
- virtue development
- pre-reading skills growth
- kindergarten readiness focus
- sensory exploration
- fine motor enrichment
- music, art & technology

**For more information email
Preschool@TeaTrinity.org
Trinity Lutheran Church
335 W 1st St, Tea**

Trinity Lutheran Preschool Registration

Children must be 3 years old by September 1st, 2019. All children enrolled in Trinity Lutheran Preschool must be toilet trained. Please return registration form and \$50 registration fee to Trinity Lutheran Church Office.

Child Information

Name	
Nickname	
Gender	Male Female
Date of Birth	
Address	
Current on vaccinations?	Yes No
Known allergies?	
Transportation	<input type="checkbox"/> I do not need transportation. <input type="checkbox"/> Yes, I need transportation. <input type="checkbox"/> I would be willing to help a family with transportation. Trinity Preschool does not provide transportation. Families that need help will be given a list of names that are willing to help out. Thank you!

Guardian #1

Name	
Phone Number	
Email Address	

Guardian #2

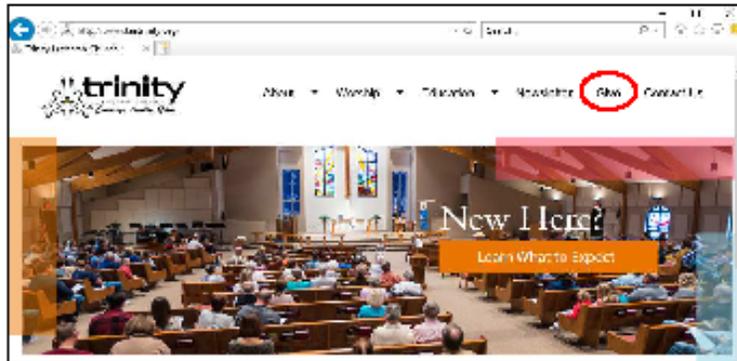
Name	
Phone Number	
Email Address	

Digital Giving through Breeze



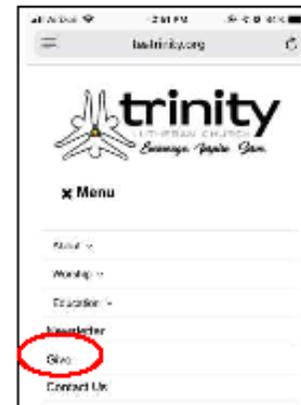
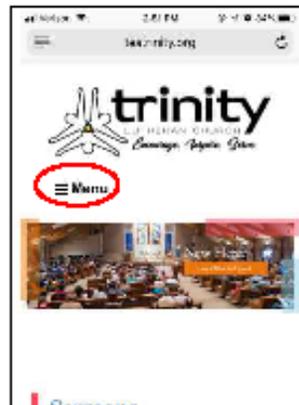
Desktop Version

1. Visit TeaTrinity.org
2. Click on the Give menu option



Mobile Version

1. Visit TeaTrinity.org
2. Click on the Menu option
3. Click on the Give option



Form Completion

For Desktop and Mobile Versions

To like to give \$ by to

weekly
every 2 weeks
monthly
yearly

1. Fill out each field entirely
2. Click **Donate Now** to process your giving.

Note: Three fields are drop down menus allowing you to choose your preference.

- **Credit/Debit** allows you to change to Checking.
- **General Fund** allows you to change to Building Fund.
- **One Time Gift** changes to multiple recurring payment options.

Mobile version will not show drop down arrows. Click on the field for the drop down options to display.

Trinity Lutheran Church
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Return Service Requested



